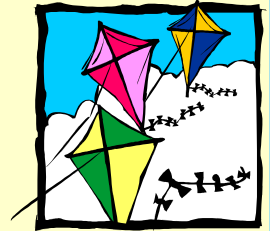




# Family to Family



April 2010 Newsletter

Provided by: The Family Information and Resource Center – 50 S 400 E, Logan, UT 84321 – (435) 755-5171

Our hours are 9:00 to 4:00 Monday—Friday

Find us online at [www.Loganfamilycenter.org](http://www.Loganfamilycenter.org), or read our blog at [www.Loganfamilycenter.blogspot.com](http://www.Loganfamilycenter.blogspot.com)

## Spring Fling

Come join us as we “spring” into spring with a picnic & seasonal activities.

When: Friday, April 9th, 2010

Where: FIRC

Teddy Bear Picnic: 12:30pm-1pm

Bring your own lunch & favorite stuffed animal and read stories with us!

Spring Activities: 1pm-2pm

Plant-a-seed, make flower/bug necklaces, make your own pinecone bird feeder & enjoy a musical walk with friends!

## Don't Forget!!!

Save the date **June 12, 2010**

for our conference

### Unlocking Your Child's Potential

With Rachel Coleman of Signing Times and Carol Stock Kranowitz author of the “Out of Sync Child”

You may begin registering April 15th at

<http://childresource.usu.edu>

## SCHOLASTIC Book Orders!

Our next orders will be placed on April 1st & 15th. Online ordering is now available. Just go to [www.scholastic.com/bookclubs](http://www.scholastic.com/bookclubs). Our user name is **loganfamilycenter** and the password is **FIRC**. You may pay by debit or credit card and pick up your books the following week. We will call you if you are a registered patron of the center. Be sure we have your phone number.

We offer all seven book clubs including Club Leo the bilingual club.



**FREE** Love and Logic for All Ages classes will be held on April 14, 21, 28 from 7:00-9:00 pm

at the Center 50 South 400 East Logan UT. 84321

We are the small white building on the west side of Wilson Elementary  
Optional work books available for \$10

Call or come into the Family Center to Sign up for the classes.

Register now! It filling up fast so reserve your spot today. Call 755-5171

*\*Free materials\**

## Ready! Set! School!

Enrollment is now open for our:

**English Ready! Set! School!**

Children ages 3-5

Class are: Wednesdays or Thursdays  
10:30am-11:30am

Enrollment is also Open for:

**Bilingual Ready Set School!**

Children ages 3-5

Class is on Friday at 10:00-11:00

**You may join classes any time.**

Parent and child come together and get ready for kindergarten.

## Family Forums at the Family Center

### Family Wellness Night

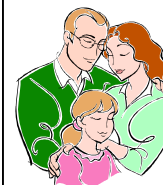
Tuesday, March 30 7pm - 8:30pm

### Teens and Family Night

Tuesday, April 5th 7pm -  
8:30pm

### Emotion Coaching

Thursday, April 15  
11:15am



## Looking for someone to come to your school or group to give a presentation?

- ♦ Avoiding Homework Hassles
- ♦ 10 ways to help your child be successful in school
- ♦ Great Parent/Teacher conferences
- ♦ The Power of Reading 20 minutes a day
- ♦ How to get your child ready for Kindergarten

Call or e-mail now to arrange a teacher for your meeting:  
755-5171 or [director@loganfamilycenter.org](mailto:director@loganfamilycenter.org)

LOOK ON BACK FOR MORE INFORMATION!

### Read to Your Child 20 minutes a day

#### What is the **C.A.R.** formula?

Reading out loud helps a child understand the meaning of words and how to use language.

When you are looking at books with your child, you can follow the CAR formula.

**C** is for comment and wait

**A** is for ask questions and wait

**R** is for respond and add a little more

Call us for 30 min presentation on the CAR formula for your parent group or literacy night.

"Reading aloud with children is known to be the single most important activity for building the knowledge and skills they will eventually require for learning to read."

— Marilyn Jager Adams



Spectrum Disorders Support Group  
Thursday April 1, 2010 from 7:00 PM to 9:00 PM

Questions? Contact Mary at  
**OPTIONS for Independence:**  
(435) 753-5353 ext. 103 or  
mkehnl@optionsind.org

## Parents As Teachers

Parents as Teachers is planning their monthly group meeting for **Thursday, April 22**

### Gardening with Children

Open to the Public!**Come to the Wilson Elementary (50 S. 400 E.) in the gym at 6:30pm**

### \*\*\*Free Resources for Parents\*\*\*

Are you looking for books, DVD's and audio CD's on parenting, getting help raising kids to be healthy and literate, educational toys, games and puzzles you can borrow for free? Need information on how you can connect to resources in the community that will benefit your family? We are here for you! The **Family Information and Resource Center (FIRC)** is located in that little white building on the playground west of Wilson Elementary, we are two doors south of the Island Market and right on the bus route. We are open 9am to 4pm Monday through Friday. We offer evening parenting classes, too.

### Books and Buddies

Please visit our website for time and date:  
[www.usuchild.usu.edu/BooksBuddies](http://www.usuchild.usu.edu/BooksBuddies)

**When: April 13th**

**Where: USU Nutrition & Food Science Building 700 N. 1200 E. Room 202**

**Time: 5pm - 7pm**

Books & Buddies are fun events for children, parents, and childcare providers to better help early literacy in pre-school children. At each event, a **free book** will be given to every child, while supplies last.

### Need new cooking ideas?



## Food \$ense

**FREE SAMPLES!!**

**Food \$ense** is a nutrition education program offered through Utah State University. Classes are **FREE** and are held in the Cache County Administration Building Multi-purpose room (179 N Main, Logan).

They offer day and night time classes. Topics include Menu Planning, Quick Meals, Dietary Guidelines, and Delicious New Veggie Recipes. They also teach how to make your food dollars last all month.

The next classes will be on April 21 at 7pm and April 22 at 11am for Spiffy Spinach and Mild & Dairy.

Call to reserve your spot today!  
(435) 752-6263