



# Family to Family



May 2010 Newsletter

Provided by: The Family Information and Resource Center – 50 S 400 E, Logan, UT 84321 – (435) 755-5171

Our hours are 9:00 to 4:00 Monday—Friday

Find us online at [www.Loganfamilycenter.org](http://www.Loganfamilycenter.org), or read our blog at [www.Loganfamilycenter.blogspot.com](http://www.Loganfamilycenter.blogspot.com)

## Unlocking Your Child's Potential

Join us June 12, 2010 at the USU Conference Center with special guests Rachel Coleman and Carol Stock Kranowitz.

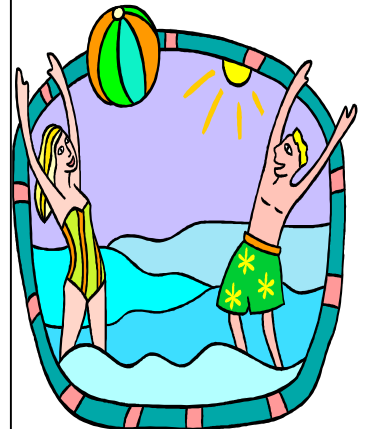


Learn about meeting the challenges, creating a rich environment, and end with a concert!

Morning Conference for adults begins at 8:30 am and is \$25.00 to register. Free Family Expo begins at Noon. Concert with Rachel Coleman is at 3 pm and is \$5 a chair.

For more information and to Register please visit <http://childresource.usu.edu>

We will be closed May 12-14 to attend PTA convention And Memorial Day May 31



## Around the World in 80 Days

**Who:** Children with an Adult

**What:** Explore different countries through stories, language, crafts, music and games

**Where:** Family Center 50 South 400 East Logan

**When:** Drop by between 1:00-3:30 pm Tuesdays through Fridays.

**FREE!**

**June 8 to August 20, 2010**

For more information call 435-755-5171



Yes, we will be doing RSS throughout the summer!

### Ready! Set! School!

Enrollment is now open for our: English Ready! Set! School!

Children ages 3-5

Class are: Wednesdays or Thursdays 10:30am-11:30am

Enrollment is also Open for: Bilingual Ready Set School!

Children ages 3-5

Class is on Friday at 10:00-11:00

You may join classes any time. Parent and child come together and get ready for kindergarten.

LOOK ON BACK FOR MORE INFORMATION!

## Bike Safety Rodeo

Saturday, May 15, 2010  
 Cache County Fairgrounds  
 400 S 500 W Logan  
 10 am – 2 pm

- ◆ 7 station Bike Safety Course
- ◆ Bike Safety Checks
- ◆ Helmet Fitting
- ◆ Loaner Bikes and Helmets will be available.
- ◆ Refreshments and Goody Bags

Sponsored by the Cache County Sheriff's Office and Logan City Police Department

They are giving away some free children's bike helmets!



## Spectrum Disorders Support Group

Thursday May 6, 2010  
 7 pm—9 pm

Logan Regional Hospital  
 Classrooms 1 & 4

This the last class until Sept.  
 Questions? Contact Mary at

**OPTIONS for Independence:**

(435) 753-5353 ext. 103 or  
 mkehrn@optionsind.org

## Parents As Teachers

Parents as Teachers is planning their monthly group meeting for

**Thursday, May 27th**  
**Keep Learning this summer!**

**Literacy Tips For Families**

Open to the Public !  
**Come to the Wilson Elementary (50 S. 400 E.) in the gym at 6:30pm**

### Child Classes: Second Step

Dates and Times:

5-6 yr olds: Wed, June 9-July 28, 12—1 pm

7-9 yr olds: Wed, June 9-July 28, 10—11 am

10-12 yr olds: Thurs, June 10-July 29, 10-11 am

Children will be taught skills based on researched curriculum including topics of Empathy, Problem solving, and Anger Management.

All classes are 8 weeks and cost \$25.00

**Where:** Child and Family Support Center: 380 West 1400 North

To register call 435-752-8880

### Books and Buddies

Please visit our website for time and date:  
[www.usuchild.usu.edu/BooksBuddies](http://www.usuchild.usu.edu/BooksBuddies)

**When:** May 19th

**Where:** American West Heritage Center  
 4025 South Highway 89-91 Wellsville

**Time:** 10:30 am—12:30 pm

Books & Buddies are fun events for children, parents, and childcare providers to better help early literacy in pre-school children. At each event, a **free book** will be given to every child, while supplies last.

## Food Sense

**FREE SAMPLES!!**



**Food Sense** is a nutrition education program offered through Utah State University. Classes are **FREE** and are held in the Cache County Administration Building Multi-purpose room (179 N Main, Logan).

They offer day and night time classes. Topics include Menu Planning, Quick Meals, Dietary Guidelines, and Delicious New Veggie Recipes. They also teach how to make your food dollars last all month.

The next classes will be on May 27 at 7pm and May 19 at

Call to reserve your spot today!  
 (435) 752-6263